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Man sentenced to 40 years in prison for killing his 65-year-old girlfriend

(Fort Worth, TX) – Anthony Shaw Young, 45, was sentenced Wednesday to 40 years in prison for murdering his girlfriend, Laurel Schick in 2021. He pled guilty to her murder last month.

The two, who met at Narcotics Anonymous, had been engaged before calling off the wedding. Schick, 65, was running out of money, as the two used much of what she had to buy illegal drugs.

The weekend they initially planned to marry turned violent. Neighbors at their Hurst apartment complex said they heard yelling and the sound of glass and tables being broken.

Police on Monday, January 25, 2021, were asked to do a welfare check.

When they entered the apartment, they found broken furniture and glass – and Schick's bruised and bloody body under a couch.

Sam McElwee, one of Schick's sons, reminded Young of the last time they spoke, when Young said he wanted to marry Schick. Sam said he only asked two things of him – to keep his mother safe and drug free.

"You lied on both," Sam McElwee said. "You took an old woman and used her, ... beat the hell out of her."

Thomas McElwee, another son of Schick, told Young: "You stole so much from so many people. What did she do that was so bad that you had to bash her head in and cut her throat?"

A letter from Schick's younger brother, Paul, was read in court. He described his sister as having a "beautiful soul" and said his heart is broken.

"I ache inside that I was unable to protect her," he said.

Assistant Criminal District Attorneys Dylan Morgan and Allenna Bangs prosecuted this case. ACDA Collin Ashworth also worked on the case, as did Investigator Darla Dowell and Victim Assistance Coordinator Clara Salvatierra. Thanks to the Hurst Police Department and Detective K. Meador for their work on this case and for their commitment to keeping our community safe.

"I am happy to get justice for Laurie and her family," ACDA Morgan said. "This was a team effort."